

Vision Questions

1. Who is living the life you most envy?
2. Describe what you think it is like.
3. Who is doing the kind of work you most wish you could be doing?
4. Describe what their work life must be like.
5. If you only had six healthy months left to live, what would they look like?
6. What do you want more of:
 - in your relationships
 - in your work
7. What do you want less of:
 - in your relationships
 - in your work
8. Describe in detail your ideal work setting.
9. Describe in detail your ideal work day.
10. Describe in detail your ideal co-workers.
11. If money were no object, what would you be doing with your life?
12. What would you do if you were ten times bolder?
 - In your primary love relationship?
 - In your work setting?
 - In your community?
 - In your family?
 - In your place of worship?

13. Imagine that it is Monday morning, 9 A.M., three years from now.

- Where are you?
- What are you doing?
- Who are you seeing?
- What are you wearing?

14. It is now noon, same day.

- Who are you going to see?
- Where are you going for lunch?

15. It is now Saturday, 6 p.m.

- Where are you?
- What are you doing?
- Who are you seeing?
- What are you wearing?

16. You are now a very old person, walking with a school child who asks you, "What are you most proud of about your life?"

17. You are about to die. What did you accomplish before you left?

18. As a result of your having lived, three things, have changed or shifted in the world. What are they?

19. Now write out your vision statement, incorporating your responses from all of the questions above.

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